



Welcome to the UNIS Junior School!

Your child is about to enter **Junior A** and it is time to begin to prepare for the big day!

Your child will need the following supplies on the first FULL day of Junior A:

- A lunch box with reusable food and drink containers, silverware and 2 cloth napkins
- A smock or shirt for art (an adult t-shirt or shirt with the sleeves cut off is fine)
- A small pillow and blanket to be stored in his/her cubby (cubby size is 6.25" x 10")
- A box of tissues
- A change of clothing including underwear and socks in case of emergencies

Please ensure that your child's backpack does NOT have wheels and that it is able to hold your child's Home Folder, lunch bag and library books.

- ***Please make sure that all supplies and coats are labeled with your child's name.***

Your child will need the following clothes for Physical Education:

- A pair of blue shorts (sweatpants in colder weather) and a UNIS t-shirt
- A pair of sneakers
- White socks

Students are expected to come to school wearing their PE kit on the days they have PE.

They will not be changing in locker rooms.

PE uniforms and other UNIS-branded clothing and supplies are available on the Land's End website www.landsend.com in "Uniforms" (UNIS Preferred School Number 900077660). Land's End customer service can be phoned at 1-800-469-2222. You can also select "UNIS Gear" in the links dropdown on www.unis.org. This section requires you to log in with your UNIS user name and password.

Getting ready for School:

- Set “school night bedtime” before school starts and begin to stick to it.
 - Children should be able to independently open and close their lunch box, as well as food and drink containers.
 - Encourage independent eating and good table manners.
 - Start the routine of selecting and laying out the next day’s clothes the night before.
 - Encourage your child’s independent dressing—teach them how to put on jackets, zip zippers, and button buttons.
 - Talk about what school will be like, but be careful not to promise anything you are not sure will happen.
 - Listen carefully to your child to discover fears and worries he/she may have.
 - Encourage independence and responsibility for taking care of personal belongings, tidying up, cleaning and putting things away after use.
- ***And, please keep in mind that it is our strong recommendation that JA students are not signed up for after-school activities during their first semester at UNIS.***

Please ensure your child arrives promptly for the start of classes at 8:45am. The door to the JA area will be open at 8:30am to admit the children.

Pick up from the classroom at the end of the day is at 2:55pm. The door to the JA area will be open at 2:55pm.

