

# **WELCOME...**

## **TO OUR DECEMBER ALL-SCHOOL PARENTS ASSOCIATION MEETING**

**Tuesday, December 3rd, 2019**

**We support and advocate for our children and families by  
partnering with faculty, staff and families to create a positive  
learning and diverse community environment**

# AGENDA

- **Welcome - Amanda Dubois (PA President Manhattan)**
- **PA Announcements**
- **Athletics Department Presentation - Guy Evans (Director of Athletics)**

**AMANDA DUBOIS**  
PA PRESIDENT (MANHATTAN)

# UPCOMING EVENTS

## DECEMBER

3		PA Meeting; Winter Jazz Concert
4		Winter Choral Concert
7		Morocco at UNIS
10		JS Parent Coffee
11		MS Parent Coffee; New2UNIS Holiday Luncheon at Pete's Tavern
12		TH Study Day (no classes)
13-20		TH Exams
14		JS Talent Show; Social Responsibility Committee Toiletries Disbursement
18		TH Parent Coffee
20		M1 Scavenger Hunt & M2 Games Afternoon
23-Jan 3		Winter Break

## JANUARY

8	JS Parent Coffee
13	Road to Carnegie Hall: Strings Concert
14	Understanding University Options for T3 Students and Parents; New2UNIS Guided Tour of the Tenement Museum
15	MS Parent Coffee
16	January PA meeting; Road to Carnegie Hall: Band Concert
20	MLK Day: School Closed
22	TH Parent Coffee
23	T3 IB & College Summer Planning
24	JS Toy Sale
26	A Festival of Orchestra - UNIS plays Carnegie Hall
28	T2 IB Intro for parents and students
31	TH Winter Formal Dance

# MOROCCO AT UNIS - DECEMBER 7<sup>th</sup>, 2019

MOROCCO

LIVE MUSIC

RAFTS FO

**SOLD OUT**

December 7th, 2019

4:00 - 7:00pm

10 PER TICKET - Free for Kids 4 and U

[www.unis.org/morocco](http://www.unis.org/morocco)

# SAVE THE DATE FOR UNIS 2020 GALA FRIDAY, FEBRUARY 28, 2020 PRINCE GEORGE BALLROOM

- This year's event, ***Building a Better World***, will support UNIS' capital efforts to raise money toward the ***Global Learning Center***. The part of the proceeds also goes towards ***Breaking Ground***, a social services nonprofit agency for homeless New Yorkers. Stay tuned for more details....
- ***Want to help throw a party? Interested in supporting the silent auction?***
  - Contact co-chairs Kathryn Kallison or Angela Tolosa by emailing

[Angela.tolosa@pa.unis.org](mailto:Angela.tolosa@pa.unis.org)

This event would not be possible without the leadership of Dr. Brenner, Michelle Bertrand, Vera Tatel, and the knowledge from former gala co-chairs Devika Gopal Agge, Joy Newman, and Cybelle Oliviera



# LOBETROTTER PHOTOS

- The UNIS yearbook devotes three spreads to images of our children globetrotting.
- Please limit your submission to one or two great photos from your travels.
- The images for yearbook can be sent to Louise Wales directly: [lwales@unis.org](mailto:lwales@unis.org)



# **CIS (Council of International Schools) SURVEY**

**Deadline: December 13, 2019**



**GUY EVANS**  
DIRECTOR OF ATHLETICS



**PA Meeting  
Tuesday 12/3/19**

# Personnel

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***Guy Evans***

*Athletic Director*

[gevans@unis.org](mailto:gevans@unis.org)

***Evangelos Apergis***

*Assistant Athletic Director/Athletic Trainer*

[eapergis@unis.org](mailto:eapergis@unis.org)

***Deven Herbert***

*After School Sports Coordinator*

[dherbert@unis.org](mailto:dherbert@unis.org)

***Kay Kuzbari / Demetrios Mihailidis / Caroline Moses***

*UAA Co-Chairs*

[kay.kuzbari@pa.unis.org](mailto:kay.kuzbari@pa.unis.org) / [demetrios.mihailidis@pa.unis.org](mailto:demetrios.mihailidis@pa.unis.org) / [caroline.moses@pa.unis.org](mailto:caroline.moses@pa.unis.org)

# Program Structure

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## ***After-School Sports (JA-M2)***

### ***i.e. 'Developmental Sports'***

- Typically occurs between 3-4pm each day;
- Designed to provide positive, introductory experiences in a variety of sports;
- Current offerings include gymnastics, taekwondo, dance, soccer, basketball, tennis, badminton, flag rugby and intramurals;
- Partners include Alvin Ailey Dance Theater, Manhattan Kickers FC and Play Rugby USA.

## ***Interscholastic Sports (M3-T4)***

### ***i.e. 'Competitive Sports'***

- Typically occurs between 3-7pm each day;
- Comprised of competitive Middle School, Junior Varsity and Varsity teams;
- Involves 'trying out' process, team selection, frequent practices, travel to/from external venues;
- Competition with other NYCAL (New York City Athletic League) schools.

# Interscholastic Sports - Fall



## **UNIS**

- Soccer (Girls Varsity, Boys Varsity, Boys JV, Girls 7/8, Boys 7/8 - A, Boys 7/8 - B, Coed 7/8 Queens)
- Volleyball (Girls Varsity, Girls JV, Girls 7/8 - A, Girls 7/8 - B, Girls 7/8 Queens)
- Cross Country (Girls Varsity, Boys Varsity, Girls Middle School, Boys Middle School)
- Tennis (Girls Varsity)

## **School 2**

- Soccer (Girls Varsity, Boys Varsity, Girls JV, Boys JV, Girls 7/8, Boys 7/8)
- Volleyball (Girls Varsity, Girls JV, Girls 7/8)
- Cross Country (Girls Varsity, Boys Varsity, Coed JV, Girls Middle School, Boys Middle School)
- Tennis (Girls Varsity)

## **School 3**

- Soccer (Girls Varsity, Boys Varsity, Coed Middle School)
- Volleyball (Girls Varsity, Girls JV - A, Girls JV - B, Girls 7/8 - A, Girls 7/8 - B)
- Cross Country (Girls Varsity, Boys Varsity, Girls Middle School, Boys Middle School)

## **School 4**

- Soccer (Girls Varsity, Boys Varsity, Boys JV)
- Volleyball (Girls Varsity, Girls JV Volleyball)
- Cross Country (Girls Varsity, Boys Varsity)

## **School 5**

- Soccer (Girls Varsity, Boys Varsity, Boys JV, Girls 7/8, Boys 7/8)
- Volleyball (Girls Varsity, Girls JV, Girls 7/8 - A, Girls 7/8 - B)
- Cross Country (Girls Varsity, Boys Varsity, Girls 7/8, Boys 7/8)
- Tennis (Girls Varsity, Girls JV)
- Powerlifting (Varsity)

# Interscholastic Sports - Winter



## **UNIS**

- Basketball (Girls Varsity, Boys Varsity, Girls JV, Boys JV, Girls 7/8, Boys 7/8 - A, Boys 7/8 - B, Girls 7/8 Queens, Boys 7/8 Queens)
- Indoor Track and Field (Varsity)

## **School 2**

- Basketball (Girls Varsity, Boys Varsity, Girls JV, Boys JV, Girls 7/8, Boys 7/8, 6th Grade)
- Indoor Track and Field (Varsity, JV, 7/8, 6th Grade)

## **School 3**

- Basketball (Girls Varsity, Boys Varsity, Girls JV, Boys JV - A, Boys JV - B, Girls 7/8, Boys 7/8)
- Indoor Track and Field (Varsity, JV, 7/8)

## **School 4**

- Basketball (Girls Varsity, Boys Varsity, Girls JV, Boys JV)

## **School 5**

- Basketball (Girls Varsity, Boys Varsity, Girls JV, Boys JV - A, Boys JV - B, Girls 7/8, Boys 7/8 - A, Boys 7/8 - B)
- Indoor Track and Field (Varsity, 7/8)
- Ice Hockey (Boys Varsity)
- Swimming (Coed Varsity)

# Interscholastic Sports - Spring



## **UNIS**

- Baseball (Boys Varsity, Boys 7/8)
- Softball (Girls Varsity, Girls 7/8)
- Volleyball (Boys Varsity, Boys Middle School)
- Ultimate Frisbee (Varsity)
- Outdoor Track and Field (Varsity, Middle School, Middle School Queens)
- Tennis (Boys Varsity)

## **School 2**

- Baseball (Boys Varsity, Boys JV, Boys 7/8, 6th Grade)
- Softball (Girls Varsity, Girls JV, Girls 7/8, 6th Grade)
- Track and Field (Varsity, 7/8, 6th Grade)
- Golf (Varsity)
- Tennis (Varsity and JV)

## **School 3**

- Baseball (Boys Varsity, Coed Middle School)
- Softball (Girls Varsity)
- Volleyball (Boys Varsity - A, Boys Varsity - B, Boys Middle School)
- Outdoor Track and Field (Coed Varsity, Coed Middle School)

## **School 4**

- Baseball (Boys Varsity)
- Softball (Girls Varsity)
- Outdoor Track and Field (Varsity)
- Golf (Varsity)

## **School 5**

- Baseball (Boys Varsity, Boys 7/8)
- Softball (Girls Varsity, Girls 7/8)
- Tennis (Boys Varsity, Boys JV)
- Lacrosse (Boys Varsity, Girls Varsity)
- Outdoor Track and Field (Coed Varsity, Coed 7/8)
- Powerlifting (Coed Varsity)



# 2019/2020: New Developments

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- **7 New Teams!**

(Girls Middle School Volleyball 'White' (Fall); Boys Middle School Soccer 'White' (Fall); Girls Varsity Tennis (Fall); Girls Middle School Basketball 'White' (Winter); Boys Middle School Basketball 'White' (Winter); Boys Middle School Volleyball (Spring); Coed Varsity Ultimate Frisbee (Spring).

- **Established relationship with NYC Parks Department;**
- **Secured access to fields for UNIS Queens campus;**
- **Introduced changes to NYCAL Track and Field timing system;**
- **Recorded record tryout numbers (over 300) and sign-ups for after-school sport (235);**
- **Organized Athletics 'Kick-off' event for Middle School athletes (with guest speaker);**
- **Refined team selection process, including request for clear criteria and rationale from coaching staff;**
- **Introduced intramural programs in Girls JV soccer and Coed Badminton;**
- **Introduced new Athletic Training 'Appointments' System for UNIS Athletes.**

# Sports Medicine

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## Pre-2016

- No 'in-house' Athletic Trainer = primarily 'off-site' treatment + consultations

## 2016

- In-house Athletic Trainer appointed = continuity of care + network of orthopedic specialists.

## 2017

- Hydrocollator added

## 2018

- Normatec recovery system added
- Powerplay unit added

## 2019

- Due to demand of treatment a larger hydrocollator unit was purchased
- Appointment system added: [eapergis.youcanbook.me](https://eapergis.youcanbook.me)
- SportsWare software added

# Final Thoughts

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## Current priorities include:

- a) identifying continued opportunities for expansion;
- b) maintaining recruitment of high-quality coaches;
- c) promoting the UNIS Athletics Philosophy (see next slide) to students, coaches, parents, and the school community.

**Questions?**

Guy Evans

Director of Athletics

[gevans@unis.org](mailto:gevans@unis.org)

# Athletics Philosophy

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- To instill and promote a life-long passion for sports participation;
- To use the sporting arena, when appropriate, to impart positive character traits, behaviors and values;
- To reflect the wider mission of UNIS - and the UN - particularly with respect to the educational and inspirational elements of the school charter.

Q&A

# THANK YOU FOR ATTENDING TODAY'S MEETING

We look forward to seeing you next month!

Thursday, January 16th, 2019  
UNIS Cafe, Manhattan 8:30-9:25 am



**Amanda Dubois**

PA President

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Please contact us with questions/feedback to [unispa@unis.org](mailto:unispa@unis.org)